



# JANUARY 2017

# Meigs County Schools Café Menu

Mon	Tue	Wed	Thu	Fri
 <p><b>Free Breakfast!</b></p>	<p>Breakfast daily offerings: Pop tarts, Cereal Bars, Cereal, Muffins, String Cheese, Mini bagels and Mini Cinis. AND MORE!</p>			<p>This institution is an equal opportunity provider</p>
<p><b>PreK- 8</b> Sausage or Chicken Biscuit</p> <p><b>9-12</b> Sausage or Chicken Biscuit</p> <p><u>1 line – ALL AMERICAN LUNCH CYCLES WEEKLY</u>  <b>Classic Burger Monday</b>  <b>Chicken Bite Tuesday</b>  <b>Mini Corn Dog Wednesday</b>  <b>Loaded Nachos Thursday</b>  <b>Pizza Pie Friday</b></p>	<p>Pancake Pups</p> <p>Bacon Egg &amp; Cheese Biscuit</p> <p><b>Lunch meal prices</b>  <b>9-12 grade</b>  <b>\$.40 reduced</b>  <b>\$2.25 paying</b></p>	<p>Bacon Egg &amp; Cheese</p> <p>Sausage or Chicken Biscuit</p> 	<p>Biscuit and Gravy</p> <p>Bacon Egg &amp; Cheese Biscuit</p> <p>5 Salisbury Steak Creamed Potatoes Green Beans Roll Mixed Fruit Choice of Fresh Fruit</p>	<p>Mini Pancakes</p> <p>Sausage or Chicken Biscuit</p> <p>6 Hot Ham &amp; Cheese Garden Salad Corn Pineapples Choice of Fresh Fruit</p>
<p>9 Breaded Chicken Sand. Trimmings Baked Fries Mandarin Oranges Choice of Fresh Fruit</p>	<p>10 Hot Dog/Chili Slaw/Green Beans Carrot Pickups w/ranch Roll Peaches Choice of Fresh Fruit</p>	<p>11 Chicken Tenders Roasted Potatoes Steamed Broccoli Roll Pineapples Choice of Fresh Fruit</p>	<p>12 Fish Sticks Salsa/Cheese Refried Beans Veggie Pickups w/ranch Applesauce Choice of Fresh Fruit</p>	<p>13 Spaghetti w/meat sauce Garden Salad/Corn Cheese Stuffed Breadstick w/marinara Mixed Fruit Choice of Fresh Fruit</p>
<p>16 <b>Martin Luther King Holiday</b>  <b>NO SCHOOL</b></p>	<p>17 Managers Choice Corn Carrot pickups w/ranch Roll Pineapples Choice of Fresh Fruit</p>	<p>18 Chicken Casserole Whole Potatoes Pinto Beans Roll Applesauce Choice of Fresh Fruit</p>	<p>19 Hot Ham &amp; Cheese Sand. Baked Fries Veggie Pickups w/ranch Mixed Fruit Choice of Fresh Fruit</p>	<p>20 Lasagna Garden Salad Corn Breadstick Mandarin Oranges or Choice of Fresh Fruit</p>
<p>23 Grilled Chicken Sand. Trimmings Baked Curly Fries Pineapples or Choice of Fresh Fruit</p>	<p>24 Fish Nuggets Mac N Cheese Baked Beans, Cole Slaw Veggie Pickups w/ranch Roll Applesauce or Choice of Fresh Fruit</p>	<p>25 Turkey w/Gravy Creamed Potatoes Green Beans Roll Mixed Fruit Choice of Fresh Fruit</p>	<p>26 Quesadilla Carrot Pickups w/ranch Corn Mandarin Oranges Choice of Fresh Fruit</p>	<p>27 Meatball Sub Waffle Fry Friday Garden Salad Peaches Choice of Fresh Fruit</p>
<p>30 BBQ Rib Sandwich Trimmings Baked Curly Fries Pineapples or Choice Of Fresh Fruit</p>	<p>31 Grilled Cheese Sandwich Carrot Pickups w/ranch Green Beans Roll Mixed Fruit Choice of Fresh Fruit</p>	<p><b>*Middle &amp; High School students have choice of Hot Meal or Grab N Go Meal</b></p>	<p><b>2 Hot items offered daily</b>  <b>Variety of Milk offered daily</b>  <b>Variety of Fruit offered daily</b></p>	<p><b>MENU IS SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY, HOLIDAY AND SPECIAL EVENTS.</b></p>