

# NOVEMBER 2016

# Meigs County Schools Caf  Menu

Mon	Tue	Wed	Thu	Fri
 <p><b>Free Breakfast!</b></p> <p><b>PreK- 8</b> Sausage or Chicken Biscuit</p> <p><b>9-12</b> Sausage or Chicken Biscuit</p>	<p>Breakfast daily offerings: Pop tarts, Cereal Bars, Cereal, Muffins, String Cheese, Mini bagels and Mini Cinis. AND MORE!</p> <p>Biscuit &amp; Gravy</p> <p>Bacon Egg &amp; Cheese Biscuit</p>	 <p>Bacon Egg &amp; Cheese</p> <p>Sausage or Chicken Biscuit</p>	<p><u>1 line – ALL AMERICAN LUNCH CYCLES WEEKLY</u></p> <p>Classic Burger Monday Chicken Bite Tuesday Mini Corn Dog Wednesday Loaded Nachos Thursday Pizza Pie Friday</p> <p>Sausage or Chicken Biscuit</p> <p>Bacon Egg &amp; Cheese Biscuit</p>	<p>Lunch meal prices 9-12 grade \$.40 reduced \$2.25 paying</p> <p>Pancake Pups</p> <p>Sausage or Chicken Biscuit</p>
<p>*Middle &amp; High School students have choice of Hot Meal or Grab N Go Meal</p> <p>This institution is an equal opportunity provide</p>	<p>1 Breaded Chicken Sandwich Trimmings Baked Fries Mandarin Oranges or Choice of Fresh Fruit</p>	<p>2 Chicken Tenders Creamed Potatoes Steamed Broccoli Roll Pineapples or Choice of Fresh Fruit</p>	<p>3 Fish Sticks Salsa/Cheese Trimmings Refried Beans Veggie Pickups w/Ranch Applesauce or Choice of Fresh Fruit</p>	<p>4 Spaghetti w/meat sauce Spinach Garden Salad Corn Cheese Stuffed Breadstick w/ Marinara Mixed Fruit or Choice of Fresh Fruit</p>
<p>7 Pulled BBQ Sandwich Trimmings Cole Slaw Baked Tots Peaches or Choice of Fresh Fruit</p>	<p>8 <b>NO SCHOOL</b></p>	<p>9 Chicken Casserole Whole Potatoes Pinto Beans Roll Applesauce or Choice of Fresh Fruit</p>	<p>10 Hot Ham &amp; Cheese Sand. Baked Fries Veggie Pickups w/ranch Mixed Fruit or Choice of Fresh Fruit</p>	<p>11 Lasagna Spinach Garden Salad Corn Breadstick Mandarin Oranges or Choice of Fresh Fruit</p>
<p>14 Grilled Chicken Sandwich Trimmings Baked Curly Fries Pineapples or Choice of Fresh Fruit</p>	<p>15 Fish Nuggets Mac N Cheese Baked Beans, Cole Slaw Veggie Pickups w/ranch Roll Applesauce or Choice of Fresh Fruit</p>	<p>16 Turkey &amp; Dressing or Ham Creamed Potatoes Green Beans or Peas Roll Chocolate Pie Mixed Fruit or Choice of Fresh Fruit</p>	<p>17 Quesadilla Carrot Pickups w/ranch Corn Mandarin Oranges or Choice of Fresh Fru</p>	<p>18 Meatball Sub Waffle Fry Friday Spinach Garden Salad Peaches or Choice of Fresh Fruit</p>
<p>21 BBQ Rib Sandwich Trimmings Baked Curly Fries Pineapples or Choice of Fresh Fruit</p>	<p>22 Grilled Cheese Sandwich Carrot Pickups w/ranch Green Beans Roll Mixed Fruit or Choice of Fresh Fruit</p>	<p>23 <i>Thanksgiving Holiday</i> <b>NO SCHOOL</b> <i>NOV 23-25</i></p>	<p>24 </p> <p>2 Hot items offered daily</p> <p>Variety of Milk offered daily</p> <p>Variety of Fruit offered daily</p>	<p>25 </p> <p>MENU IS SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY, HOLIDAY AND SPECIAL EVENTS.</p>
<p>28 Breaded Chicken Sandwich Trimmings Baked Fries Mandarin Oranges or Choice of Fresh Fruit</p>	<p>29 Hot Dog Chili, Creamy Cole Slaw Roasted Potatoes Carrot Pickups w/Ranch Peaches or Choice of Fresh Fruit</p>	<p>30 Chicken Tenders Creamed Potatoes Steamed Broccoli Roll Pineapples or Choice of Fresh Fruit</p>		