

April 2012 Cont.- Menu for Meigs County Schools

Menu subject to vary -"Eat a balance diet each meal & exercise"

Mon	Tue	Wed	Thu	Fri
<u>Breakfast:</u> Choice of Biscuit, Sausage, Or Yogurt w/graham crackers, Cereal, Toast, Juice, Milk	<u>Breakfast:</u> Choice of Pop Tart or Yogurt w/graham crackers; Or Cereal, Toast, Juice, Milk	<u>Breakfast:</u> Choice of Pancake Sausage on Stick, Or Yogurt w/ graham crackers, Cereal, Toast, Juice, Milk	<u>Breakfast:</u> Choice of Eggs, Bacon, Toast, Or Yogurt w/graham crackers, Cereal, Juice, Milk	<u>Breakfast:</u> Choice of Breakfast Pizza, Or Yogurt w/graham crackers, Cereal, Toast, Juice, Milk
30 Pizza or Toasted Cheese Sandwich Corn Tossed Salad Fruit. WG Bread Choice of Milk				

- Middle School & High School choice of above reimbursable meal or Chef Salad reimbursable meal or Sandwich Line reimbursable meal

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