

January 2012 - Menu for Meigs County Schools

Menu subject to vary - "Eat a balance diet each meal & exercise"

Mon	Tue	Wed	Thu	Fri
<p>Breakfast: Biscuit, Sausage, Or Cereal, Toast, Juice, Milk</p> <div style="text-align: center;">  </div>	<p>Breakfast: Choice of Pop Tart or Yogurt w/graham crackers; Or Cereal, Toast, Juice, Milk</p>	<p>Breakfast: Pancake Sausage on Stick, Or Cereal, Toast, Juice, Milk</p> <p style="text-align: center;">4</p> <p>Chuck Wagon Steak Or Managers Choice Creamed Potatoes Green Beans/Peas Fruit WG Roll Choice of Milk</p>	<p>Breakfast: Eggs, Bacon, Toast, Or Cereal, Juice, Milk</p> <p style="text-align: center;">5</p> <p>Ravioli or Deli Sandwich Whole Potatoes Carrots Fruit Cheese Toast WG Bread Choice of Milk</p>	<p>Breakfast: Breakfast Pizza, Or Cereal, Toast, Juice, Milk</p> <p style="text-align: center;">6</p> <p>Tacos or Managers Choice Corn, Rice Salsa, Trimmings Fruit Tortilla Shell or Chips WG Bread Choice of Milk</p>
<p style="text-align: center;">9</p> <p>Pizza or Toasted Cheese Sandwich Corn Tossed Salad Fruit WG Bread Choice of Milk</p>	<p style="text-align: center;">10</p> <p>Chicken Patty Or Corn Dogs Oven Fries Carrot Sticks Trimmings Fruit WG Bun Choice of Milk</p>	<p style="text-align: center;">11</p> <p>Salisbury Steak or Chicken Casserole Creamed Potatoes Green Beans or Peas Sweet Potato Pie WG Roll Choice of Milk</p>	<p style="text-align: center;">12</p> <p>Spaghetti w/Meat Sauce or Dippers Tossed Salad Baked Veg. Sticks Fruit Garlic Toast Choice of Milk</p>	<p style="text-align: center;">13</p> <p>Hot Dogs or Egg Roll Chili, Cole Slaw Baked Tater Tots Fruit Bun Choice of Milk</p>
<p style="text-align: center;">16</p> <p style="background-color: cyan; color: black; text-align: center; padding: 5px;">No School</p>	<p style="text-align: center;">17</p> <p>Pork BBQ Sandwich or Deli Sandwich Whole Potatoes Steamed Broccoli Fruit WG Bun Choice of Milk</p>	<p style="text-align: center;">18</p> <p>Chicken Tenders or Meatloaf Creamed Potatoes Green Beans or Peas Fruit WG Roll Choice of Milk</p>	<p style="text-align: center;">19</p> <p>Fish Nuggets or Steak Finger Macaroni & Cheese Baked Beans Cole Slaw Fruit Texas Toast Choice of Milk</p>	<p style="text-align: center;">20</p> <p>Hamburger or Boneless Chicken Wings Trimmings Oven Fries Fruit WG Bun Texas Toast Choice of Milk</p>
<p style="text-align: center;">23</p> <p>Pizza or Toasted Cheese Sandwich Corn Tossed Salad Fruit WG Bread Choice of Milk</p>	<p style="text-align: center;">24</p> <p>Chicken Nuggets or Sloppy Joes Steamed Broccoli Whole Potatoes Fruit Texas Toast WG Bun Choice of Milk</p>	<p style="text-align: center;">25</p> <p>Chuck Wagon Steak or Managers Choice Creamed Potatoes Green Beans or Peas Fruit Carrot Cake WG Roll Choice of Milk</p>	<p style="text-align: center;">26</p> <p>Hot Dogs or Egg Roll Chili, Cole Slaw Baked Tater Tots Fruit Bun Choice of Milk</p>	<p style="text-align: center;">27</p> <p>Tacos or Deli Sandwich Corn, Rice Salsa, Trimmings Fruit Tortilla Shell or WW Bread Choice of Milk</p>

- Middle School & High School choice of above reimbursable meal or Chef Salad reimbursable meal or Sandwich Line reimbursable meal

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