

## February 2012 - Menu for Meigs County Schools

**Menu subject to vary - "Eat a balance diet each meal & exercise"**

Mon	Tue	Wed	Thu	Fri
<p><b>Breakfast:</b> Biscuit, Sausage, Or Cereal, Toast, Juice, Milk</p> <div style="text-align: center;"></div>	<p><b>Breakfast:</b> Choice of Pop Tart or Yogurt w/graham crackers; Or Cereal, Toast, Juice, Milk</p> <div style="text-align: center;"></div>	<p><b>Breakfast:</b> Pancake Sausage on Stick, Or Cereal, Toast, Juice, Milk</p> <p style="text-align: center;">1</p> <p>Salisbury Steak or Managers Choice Creamed Potatoes Green Beans or Peas Fruit WG Roll Choice of Milk</p>	<p><b>Breakfast:</b> Eggs, Bacon, Toast, Or Cereal, Juice, Milk</p> <p style="text-align: center;">2</p> <p>Chicken Nuggets Or Sloppy Joes Steamed Broccoli Whole Potatoes Fruit Texas Toast WG Bun Choice of Milk</p>	<p><b>Breakfast:</b> Breakfast Pizza, Or Cereal, Toast, Juice, Milk</p> <p style="text-align: center;">3</p> <p>Spaghetti w/Meat Sauce Or Dippers Tossed Salad Corn Fruit Texas Toast Milk</p>
<p style="text-align: center;">6</p> <p>Pizza or Toasted Cheese Sandwich Corn Tossed Salad Fruit WG Bread Choice of Milk</p>	<p style="text-align: center;">7</p> <p>Pork BBQ Sandwich or Chicken Pot Pie Whole Potatoes Steamed Broccoli Fruit WG Bun WG Bread Choice of Milk</p>	<p style="text-align: center;">8</p> <p>Chicken Tenders or Ham Creamed Potatoes Green Beans or Peas Fruit WG Roll Sweet Potato Cake Choice of Milk</p>	<p style="text-align: center;">9</p> <p>Chili w/ Cheese/Fritos Or Grilled Chicken Sandwich Carrot Sticks w/ Dip Baked Hash Browns Fruit WG Bun Choice of Milk</p>	<p style="text-align: center;">10</p> <p>Hamburger or Boneless Chicken Wings Trimmings Baked Fries Fruit WG Bun Texas Toast Choice of Milk</p>
<p style="text-align: center;">13</p> <p>Pizza or Toasted Cheese Sandwich Corn Tossed Salad Fruit WG Bread Choice of Milk</p>	<p style="text-align: center;">14</p> <p>Chicken Nuggets Or Sloppy Joes Steamed Broccoli Whole Potatoes Fruit Texas Toast WG Bun Choice of Milk</p>	<p style="text-align: center;">15</p> <p>Chuck Wagon Steak or Chicken Casserole Creamed Potatoes Green Beans or Peas Fruit WG Roll Choice of Milk</p>	<p style="text-align: center;">16</p> <p>Hot Dogs or Egg Roll Chili, Cole Slaw Baked Tater Tots Fruit Bun Choice of Milk</p>	<p style="text-align: center;">17</p> <p>Tacos or Deli Sandwich Corn/Rice Salsa, Trimmings Fruit Tortilla Shell of WW WG Bread Choice of Milk</p>
<p style="text-align: center;">20</p> <p style="text-align: center; background-color: #cccccc;"><b>NO SCHOOL</b></p>	<p style="text-align: center;">21</p> <p>Chicken Patty Or Corn Dogs Oven Fries Carrot Sticks w/Dip Trimmings Fruit WG Bun Choice of Milk</p>	<p style="text-align: center;">22</p> <p>Salisbury Steak Or Managers Choice Creamed Potatoes Green Beans/Peas Fruit WG Roll Sweet Potato Pie Choice of Milk</p>	<p style="text-align: center;">23</p> <p>Spaghetti w/Meat Sauce or Dippers Tossed Salad Baked Veg. Sticks Fruit Texas Toast Choice of Milk</p>	<p style="text-align: center;">24</p> <p>Hamburger or Boneless Chicken Wings Trimmings Baked Fries Fruit WG Bun Choice of Milk</p>

- Middle School & High School choice of above reimbursable meal or Chef Salad reimbursable meal or Sandwich Line reimbursable meal

"USDA Non-discrimination Statement: In accordance with Federal law and U. S. Department of Agriculture (USDA) policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write to USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call 800-795-3272 or 202-720-6382 (TTY). USDA is an equal opportunity provider and employer."